

## TBI News

**Traumatic Brain Injury Survival Guide**  
[tbiguide.com](http://tbiguide.com)

**TBI Fact Sheet from CPIR**  
[parentcenterhub.org/repository/tbi](http://parentcenterhub.org/repository/tbi)

**TBI Information page from NINDS**  
[www.ninds.nih.gov/Disorders/All-Disorders/Traumatic-Brain-Injury-Information-Page](http://www.ninds.nih.gov/Disorders/All-Disorders/Traumatic-Brain-Injury-Information-Page)

**Heads Up: Brain Injury Safety Tips and Prevention**  
[cdc.gov/headsup/basics/concussion\\_prevention.html](http://cdc.gov/headsup/basics/concussion_prevention.html)

**March is Brain Injury Awareness Month!**



NARIC is a project of HeiTech Services, Inc., and is funded by the National Institute on Disability, Independent Living, and Rehabilitation Research under project number 140D0421C0021.

HeiTech Services, Inc., is a woman- and service disabled veteran-owned business. For corporate qualifications and references, visit us at [www.heitechservices.com](http://www.heitechservices.com) or call 301/918-9500.

NARIC

8400 Corporate Drive, Suite 500  
Landover, MD 20785

800/346-2742 (V); 301/459-5900 (V); 301/459-4263 (Fax)  
[naricinfo@heitechservices.com](mailto:naricinfo@heitechservices.com)  
[www.naric.com](http://www.naric.com)

*Quick Picks from the Librarians at the National Rehabilitation Information Center*

## Information Resources for Traumatic Brain Injury



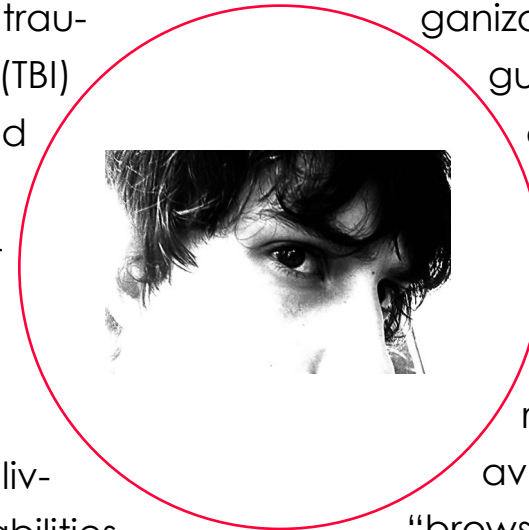
NARIC

[www.naric.com](http://www.naric.com)

## Recover, rebuild, and reintegrate

According to the Centers for Disease Control and Prevention "Each year more than 80,000 Americans survive a hospitalization for traumatic brain injury (TBI) but are discharged with TBI-related disabilities. 5.3 million Americans are living today with a TBI-related disability." People living with these disabilities may face neurological diffi-

culties, memory loss, depression and other psychiatric disabilities, aphasia, and communication disabilities. The agencies and organizations listed in this guide can help you and your family on the road to recovery.



These and other resources are also available from our "browse by topic" webpage at [www.naric.com](http://www.naric.com)!

## Information and Support

### Brain Injury Association of America (BIAA)

Toll Free: 800/444-6443 (Family Helpline)

[biausa.org](http://biausa.org)

BIAA is a nonprofit, national advocacy organization that works to increase public awareness of brain injury, provide education and information about TBI and promote linkage to support groups and local resources through a toll-free Family Helpline.

### Brain Injury Resource Center

Phone: 206/621-8558

[headinjury.com](http://headinjury.com)

Provides callers with information on living with brain injury, including consultations and referrals to health care, legal professionals, and support groups. Website provides extensive information and resources on a wide variety of topics pertaining to brain injury.



### Model Systems Knowledge Translation Center (MSKTC)

Phone: 202/403-5600

[msktc.org/tbi](http://msktc.org/tbi)

MSKTC summarizes research, identifies health information needs, and develops information materials for individuals living with traumatic brain injury (TBI) and people who support them. The evidence-based materials are available in a variety of platforms: consumer oriented PDF factsheets, slideshows on topics related to living with a TBI; and the hot topic module consists of resources to help individuals with TBI and their partners navigate relationships. MSKTC also publishes the factsheet "Facts About the Vegetative and Minimally Conscious States After Severe Brain Injury". [msktc.org/tbi/factsheets/Vegetative-And-Minimally-Conscious-States-After-Severe-Brain-Injury](http://msktc.org/tbi/factsheets/Vegetative-And-Minimally-Conscious-States-After-Severe-Brain-Injury).

### Brain Trauma Foundation (BTF)

[braintrauma.org](http://braintrauma.org)

The mission of BTF is to improve TBI patient outcomes worldwide by developing best practice guidelines, conducting clinical research, and educating medical professionals and consumers. BTF has developed scientific, evidenced-based diagnostic and treatment guidelines to control secondary damage to the injured brain. Visitors to the website can view videos about coma, the coma checklist, and the BTF coma guidelines.

### The National Resource Center For Traumatic Brain Injury (NRCTBI)

Phone: 804/828-3704

[tbinrc.com](http://tbinrc.com)

The NRCTBI develops a wide variety of assessment tools, intervention programs, and training programs. Web site contains a catalog of materials available for survivors, families, and professionals; "Chat with Pat" column that answers personal questions with compassion and practical advice; articles about recovering from a TBI; and related links.

### Family Caregiver Alliance (FCA)

Toll Free: 800/445-8106

[caregiver.org](http://caregiver.org)

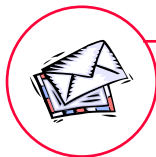
FCA offers programs at national, state and local levels to support and sustain caregivers. Its goals include public advocacy for those with financial and emotional distress, direct services to family caregivers (in California), and the national distribution of information on caregiving and the care of people with chronic disabling conditions.

### Caregiver Action Network (CAN)

Phone: 202/454-3970

[caregiveraction.org](http://caregiveraction.org)

Non-profit organization providing education, peer support, and resources to family caregivers nationwide. CAN serves a broad spectrum of family care givers ranging from the parents of children with special needs, to the families and friends of wounded soldiers; from a young couple dealing with a diagnosis of MS, to adult children caring for parents with Alzheimer's disease.



## Rehabilitation and Therapy

### NRH Field Guide to Choosing a High Quality Medical Rehabilitation Program

[search.naric.com/public/choosingquality.pdf](http://search.naric.com/public/choosingquality.pdf)

This guide was developed by National Rehabilitation Hospital and Boston University to help patients and their families evaluate rehabilitation facilities and choose the right program to fit their needs. It includes checklists, questions to ask, a glossary of terms, and information on insurance and Medicare/Medicaid. The guide is free to download or order from NARIC.

### American Physical Therapy Association (APTA)

Toll Free: 800/999-2782

[apta.org](http://apta.org)

APTA is the main professional body for physical therapists in the US. Their website includes a Find a PT service. Be sure to check out their Choosing your Physical Therapist guidelines [moveforwardpt.com/Resources/Choose.aspx#.VLaf4U10zoo](http://moveforwardpt.com/Resources/Choose.aspx#.VLaf4U10zoo).

### American Occupational Therapy Association (AOTA)

Toll Free: 800/729-2682 (Members)

301/652-6611 (Non-members)

[aota.org](http://aota.org)

AOTA is the national professional association representing the interests and concerns of occupational therapy practitioners and students. While they do not have a member directory that is searchable by the public, they do have a database to find a Driver Rehabilitation Specialist [myaota.aota.org/driver\\_search/index.aspx](http://myaota.aota.org/driver_search/index.aspx).

### American Academy of Physical Medicine and Rehabilitation (AAPMR)

Find a PM&R physician: [members.aapmr.org/AAPMR/AAPMR\\_FINDER.aspx](http://members.aapmr.org/AAPMR/AAPMR_FINDER.aspx).

### US News and World Report Top Hospitals

[health.usnews.com/best-hospitals](http://health.usnews.com/best-hospitals)

Each year US News and World Reports issues rankings for top US hospitals by specialty, including rehabilitation. For information on the selection and rating methodology, see [health.usnews.com/health-news/best-hospitals/articles/2014/07/15/faq-how-we-ranked-the-best-hospitals-2014-15?int=a01008](http://health.usnews.com/health-news/best-hospitals/articles/2014/07/15/faq-how-we-ranked-the-best-hospitals-2014-15?int=a01008).

### Centers for Medicare & Medicaid Services (CMS)

[medicare.gov](http://medicare.gov)

Medicare offers search tools to locate a physician, find suppliers of medical equipment, and compare hospitals and nursing homes in your area.

### Commission on Accreditation of Rehabilitation Facilities (CARF)

Toll Free: 888/281-6531; 520/495-7080 (TTY)

[carf.org](http://carf.org)

CARF International is an independent, nonprofit accreditor of human service providers in the areas of aging services, behavioral health, child and youth services, DMEPOS, employment and community services, and medical rehabilitation. Use their search page to find inpatient and outpatient medical rehabilitation centers, brain injury centers, and other facilities and providers.



### National Easter Seal Society

Toll Free: 800/221-6827

[easterseals.com](http://easterseals.com)

Provides multiple medical rehabilitation services including physical, occupational and speech therapy, adult day care, and vocational rehabilitation. Call for information on offices in your area. Web site includes program information listed by city and state.

### National Association for Home Care and Hospice (NAHC)

Phone: 202/547-7424

[nahc.org](http://nahc.org)

An advocacy organization that assists patients seeking in-home care, home healthcare providers, medical professionals, and others working to increase access to in-home care, rather than institutionalization. Website has information on how to select the right home care provider, including a checklist of questions to ask. Find a provider through the Home Care/Hospice Agency Locator: [agency-locator.nahc.org](http://agency-locator.nahc.org).

## Assistive Technology

### National Assistive Technology Act Technical Assistance and Training (AT3) Center

[at3center.net](http://at3center.net)

Provides information about the Assistive Technology Act, State Assistive Technology Programs, and general assistive technology. Find your state AT program here [at3center.net/state\\_program](http://at3center.net/state_program), including information about financing AT devices and device loans, demos, and reutilization. The Explore AT section of the website is a clearinghouse for information and resources on a variety of assistive technologies. It provides links to reputable information sources on AT devices and services in the areas of education, employment, and community living.

### Center for Assistive Technology Act Data Assistance — State AT Programs

Provides state AT program information.

[catada.info/state.html](http://catada.info/state.html)



8400 Corporate Drive, Suite 500

800/346-2742 (V); 301/459-5900 (V); 301/459-4263 (Fax)

[naricinfo@heitechservices.com](mailto:naricinfo@heitechservices.com)

[www.naric.com](http://www.naric.com)