

## Assistive Technology

### National Assistive Technology Act Technical Assistance and Training (AT3) Center

[at3center.net](http://at3center.net)

Provides information about the Assistive Technology Act, State Assistive Technology Programs, and general assistive technology. Find your state AT program here [at3center.net/state\\_program](http://at3center.net/state_program), including information about financing AT devices and device loans, demos, and reutilization. The Explore AT section of the website is a clearinghouse for information and resources on a variety of assistive technologies. It provides links to reputable information sources on AT devices and services in the areas of education, employment, and community living.

### Center for Assistive Technology Act Data Assistance — State AT Programs

Provides state AT program information. Each State is broken down by topic including: state financing activities, device reutilization, device loan, and device demonstration. [catada.info/state.html](http://catada.info/state.html)



NARIC is a project of HeiTech Services, Inc., and is funded by the National Institute on Disability, Independent Living, and Rehabilitation Research under project number 140D0421C0021.

HeiTech Services, Inc., is a woman—and service-disabled veteran owned business. For corporate qualifications and references, visit us at [www.heitechservices.com](http://www.heitechservices.com) or call 301/918-9500.

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Quick Picks from the  
*Librarians at the  
National Rehabilitation  
Information Center*

## Information Resources for Stroke



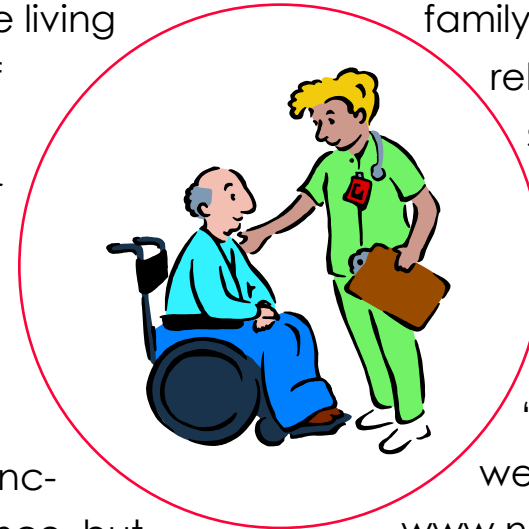
NARIC

[www.naric.com](http://www.naric.com)

## Stroke—Get help, get better

According to the National Institutes of Health “Stroke is a leading cause of serious, long-term adult disability. Four million Americans are living with the effects of stroke. The length of time to recover from a stroke depends on its severity. Fifty to 70 percent of stroke survivors regain functional independence, but

15 to 30 percent are permanently disabled.” The organizations and agencies listed in this guide can help you and your family find the resources, rehabilitation, and support you need.



These and other resources are also available from our “browse by topic” webpage at [www.naric.com](http://www.naric.com)!

## Information and Support

### The American Stroke Association, a division of The American Heart Association

Toll Free: 888/4-STROKE (478-7653)

[stroke.org](http://stroke.org)

AHA funds scientific research, helps people better understand and avoid stroke, encourages government support, guides healthcare professionals and provides information to enhance the quality of life for stroke survivors. Website has information about stroke, the warning signs, life after stroke, an online support community, searchable database to find stroke care near a specific area, and their free quarterly publication, Stroke Connection, only available in digital format.

### National Institute of Neurological Disorders and Stroke (NINDS)

Toll Free: 800/352-9424

[ninds.nih.gov](http://ninds.nih.gov)

The mission of NINDS is to seek fundamental knowledge about the brain and nervous system and to use that knowledge to reduce the burden of neurological disease through research, education, and the dissemination of information. Website provides information and resource pages on disorders/diseases listed from A to Z. Visit the stroke information page at [www.ninds.nih.gov/Disorders/All-Disorders/Stroke-Information-Page](http://www.ninds.nih.gov/Disorders/All-Disorders/Stroke-Information-Page).

### The Internet Stroke Center

Non-profit educational service supported by NIH and NINDS. Website provides current, professional, unbiased information about stroke, divided in three sections: patients and families, professionals, and education. [strokecenter.org](http://strokecenter.org).

### Family Caregiver Alliance (FCA)

Toll Free: 800/445-8106

[www.caregiver.org](http://www.caregiver.org)

Founded in 1977, Family Caregiver Alliance was the first community-based nonprofit organization in the country to address the needs of families and friends providing long-term care at home. FCA now offers programs at national,



state and local levels to support and sustain caregivers. Its goals include public advocacy for those with financial and emotional distress, direct services to family caregivers (in California), and the national distribution of information on caregiving and the care of people with chronic disabling conditions.

### Caregiver Action Network (CAN)

Phone: 202/454-3970

[caregiveraction.org](http://caregiveraction.org)

Non-profit organization providing education, peer support, and resources to family caregivers nationwide. CAN serves a broad spectrum of family caregivers ranging from the parents of children with special needs, to the families and friends of wounded soldiers; from a young couple dealing with a diagnosis of MS, to adult children caring for parents with Alzheimer's disease.

## Rehabilitation and Therapy

### National Aphasia Association

[aphasia.org](http://aphasia.org)

Promotes public awareness by providing information and publications to individuals with aphasia, their family members, and professionals. Web site features a pen pal service, an e-mail address exchange, newsletter, and stroke and aphasia support groups listed by state.

### The National Easter Seal Society

Toll Free: 800/221-6827

[easterseals.com](http://easterseals.com)

Provides medical rehabilitation services including physical and/or occupational therapy and other therapies that help people learn the skills they need to live, learn, work, and play in their communities. There are over 400 affiliates nationwide. Contact the national office for details on services available in your area. Web site includes program information and an index to services by city and state.

### American Speech, Language, Hearing



### Association (ASHA) ProSearch Database

Toll Free: 800/638-8255

[asha.org/findpro](http://asha.org/findpro)

The American Speech-Language-Hearing Association (ASHA) is the national professional, scientific, and credentialing association for members and affiliates who are audiologists; speech-language pathologists; speech, language, and hearing scientists; audiology and speech-language pathology support personnel; and students.

### American Physical Therapy Association (APTA)

Toll Free: 800/999-2782; 703/684-2782

[apta.org](http://apta.org)

APTA is the main professional body for physical therapists in the US. Their website includes a Find a PT service. Be sure to check out their Choosing your Physical Therapist guidelines: [aptaapps.apta.org/findapt/default.aspx?navID=10737422525&UniqueKey=](http://aptaapps.apta.org/findapt/default.aspx?navID=10737422525&UniqueKey=).

### Commission on Accreditation of Rehabilitation Facilities (CARF)

Toll Free: 888/281-6531; 520/495-7080 (TTY)

[carf.org](http://carf.org)

CARF International is an independent, non-profit accreditor of human service providers in the areas of aging services, behavioral health, child and youth services, DMEPOS, employment and community services, and medical rehabilitation. Use their search page to find inpatient and out-patient medical rehabilitation centers, brain injury centers, and other facilities and providers.

### US News and World Report Top Hospitals

[health.usnews.com/best-hospitals](http://health.usnews.com/best-hospitals)

Each year US News and World Reports issues rankings for top US hospitals by specialty, including rehabilitation. For information on the selection and rating methodology, see [health.usnews.com/health-news/best-hospitals/articles/2014/07/15/faq-how-we-ranked-the-best-hospitals-2014-15?int=a01008](http://health.usnews.com/health-news/best-hospitals/articles/2014/07/15/faq-how-we-ranked-the-best-hospitals-2014-15?int=a01008).

### Centers for Medicare & Medicaid Services



### (CMS)

[medicare.gov](http://medicare.gov)

Medicare offers search tools to locate a physician, find suppliers of medical equipment, and compare hospitals and nursing homes in your area.

### NRH Field Guide to Choosing a High Quality Medical Rehabilitation Program

[search.naric.com/public/choosingquality.pdf](http://search.naric.com/public/choosingquality.pdf)

This guide was developed by National Rehabilitation Hospital and Boston University to help patients and their families evaluate rehabilitation facilities and choose the right program to fit their needs. It includes checklists, questions to ask, a glossary of terms, and information on insurance and Medicare/Medicaid. The guide is free to download or order from NARIC.



### Guide to Choosing Stroke Rehabilitation Services American Stroke Association (ASA)

Toll Free: 800/242-8721

[stroke.org/en/life-after-stroke/%20stroke-rehab/choosing-the-right-stroke-rehab-facility](http://stroke.org/en/life-after-stroke/%20stroke-rehab/choosing-the-right-stroke-rehab-facility).

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